

BASIC WORKSHEET- 5

Grade - I

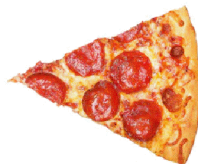
Name _____

Subject: EVS

Date : _____

Healthy Food vs Junk Food

1. Circle the food items that are healthy
2. Draw a smiley on the food item that you like most
3. Cross the food items that are unhealthy.



Activity: Count the number of healthy and unhealthy foods that you and your family members are taking in a day.