

Name: _____ Grade : VI Branch: _____ Date:22/04/2020

Subject: Science

I, Choose the correct Answer.

- Which chemical is used for the identification of starch ? ()
a) Fluorine b) Iodine c) Chlorine d) All of these above
- What is the other name for carbohydrates ()
a) Proteins b) Sugars c) Fats d) None of these above
- Find out correct statement. ()
a) Proteins are called Rough hages.
b) B) Balanced diet contains only fats.
c) Vitamins and minerals are called protective foods.
d) Fats are body building foods.
- Roughages helps in _____ ()
a) Respiration b) Transportation c) Photosynthesis
b) Digestion.
- Proteins giving foods are, ()
a) Rice and wheat c) oil and ghee
b) Dal and meat d) All these above.

II. Fill in the blanks.

- The diet which contain all nutrients are called _____
- Carbohydrates and fats are also called _____
- Iodine defiance disease is _____
- The mineral which helps in the formation of blood Cells _____
- Nutrients which required in large quantities _____

III. Match the following

- | | |
|---------------------------|-----------------------|
| 1. Fat soluble vitamins | a) calcium |
| 2. Vitamin D | b) Vitamin B,C |
| 3. Strong teeth and bones | c) vitamin A, D, E, K |
| 4. Vitamin A | d) Caciferol |
| 5. Water soluble vitamins | e) Retinol. |