

I. Observe the given leaves and identify their names. How do we use them?

Write any two varieties of dishes in which we use them.



Coriander

(Coriander pickle, Biryani)



Curry Leaf

(Curry leaves powder/ Curry leaves chutney)



Mint/Pudina

(Pudina rice, mint chutney)



Methi/ Fenugreek

(Methi Paratha, methi chana dal)



Spinach

(Palak paneer, Palak dal)



Sorrel Leaves/Gongura

(Pickle, Gongura Dal)

Activity: Collect the leaves of tamarind, lemon, curry leaf , coriander, neem and tulsi. Identify the smell of each leaf either by smelling or tasting it.